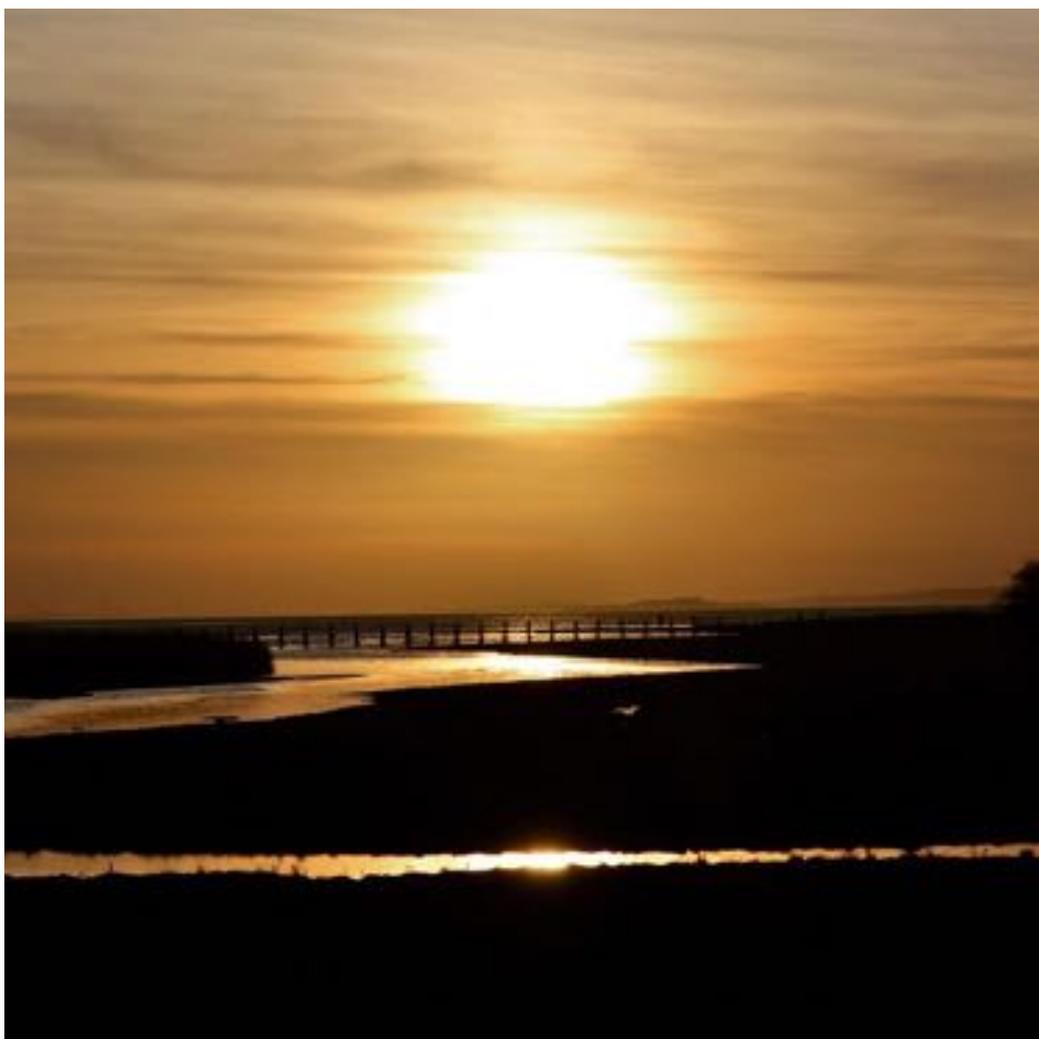


OUTREACH



**You are warmly invited to join us in the
SACRAMENT OF HOLY COMMUNION**

**Aberlady Parish Church
Sunday 27th AUGUST 2017
11.15am
All welcome**



SC004580

Church of Scotland

MINISTER'S MESSAGE

Dear Friends

I am writing this shortly before going off on holiday. I hope that, by the time you read it, you will have managed to enjoy some summer recreation and renewal.

Recent weeks have seen Scott Burton join us, as heralded in the last edition. I have asked Scott to write something for this issue by way of introduction. It is already clear that we are much blessed to have Scott with us.

Attending the General Assembly in May was a worthwhile experience and I enjoyed sharing it with Ken Wright, who has a personal reflection elsewhere in this issue. During the Assembly, I was inspired to focus on the ***Church of Scotland Speak Out*** initiative and I want to use this opportunity to draw it to your attention. If you have access to the internet then I recommend that you log into the Church of Scotland website and then [via the main toolbar just under the photo banner at the top of the Home page] click on **Speak Out**. There, you will find this introduction:

Speak Out is the new way of working of the Church and Society Council, committing the Council to a long term process of advocating for and delivering change. This new way of working is much more intentional about learning from and resourcing local congregations and their partners to bring about lasting change. Speak Out is built around the seven themes which emerged out of the 2015 engagement exercise 'Speak Out 10,000 Voices for Change' in which almost 11,000 people from every part of Scotland took part.

MINISTER'S MESSAGE CONTINUED

The Council asked participants:

---- to tell us how to build a better Scotland in a better world. What must change and what work should we prioritise to achieve our shared vision of a fairer, more equal and more just Scotland in a fairer, more equal and more just world?

Collating the responses, two priorities stood out:

1. The way we relate to one another
2. Tackling poverty and injustice in Scotland and across the globe

Seven core themes / aspirations were identified:

- Flourishing local communities
- Investing in young people
- Health and well-being
- Caring for creation
- Building global friendships
- An economy driven by equality
- Doing politics differently

The Church and Society Council believes that our responses encourage the Church of Scotland to be prophetic: to stand alongside those who are being treated unjustly; and to work fearlessly for a world that is more like that which God intends. As a result, the Council has made a commitment:

MINISTER'S MESSAGE CONTINUED

“We have heard your voices and we understand better what needs to change to make Scotland a fairer, more equal and more just nation in a fairer, more equal and more just world. Whether it is through sharing food and shelter, offering counselling and care, running youth groups or care schemes, campaigning for environmental and social justice, the Church is responding, listening and learning. We commit to work in partnership with people the length and breadth of Scotland and beyond. We promise to focus on the seven themes that you identified. We promise we will work every day to make our shared vision a reality. We promise to do it as people of faith, committed to making the world more like we believe God intends it to be.”

I believe that this commitment is an excellent way for us all to focus our minds and hearts upon the task which is ours, to live the Gospel in our parishes. It offers us a valuable framework for assessing and shaping our life and work and witness. This must always, of course, be underpinned by and interwoven with our commitment to worship and to spiritual growth. I intend that we will be looking more closely at all of this in the coming session [September to June] and hope for your interest and participation.

Yours in Christ,

Brian

 MINISTER'S MESSAGE CONTINUED
Roll Keeping**Baptisms**

18 th June 2017	Sophie Rubie	at Gullane
2 nd July 2017	Caleb Lincoln Castle	at Gullane
	Cade Nicholas Castle	at Gullane
	Alisdair Chamberlain Castle	at Gullane
	Alfie Gordon Robert French	at Aberlady

Weddings

6 th May 2017	Samantha Carmichael to Edward Gunn	at Aberlady
27 th May 2017	Kayleigh King to Iain Whyte	at Aberlady

Admissions to membership

July 2017	Katherine Grant	at Gullane
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Gullane Development Group

The group appointed by the Kirk Session of Gullane is working hard to formulate plans for redevelopment of the Gullane Church buildings. It is anticipated that the group will share ideas with the Session in the autumn and the Session will report further to the congregation as soon as possible.

Climate Friendly Aberlady

Following the very successful “Big Ideas” afternoon earlier in the spring, work is going on to take forward some proposals. The Kirk Session has given permission in principle for the possibility of some raised beds to be created in the garden area of The Stables with a view to developing a community garden scheme.

MINISTER'S MESSAGE CONTINUED

The Kirk Stables

The recent improvements to The Stables, funded by the Climate Challenge Fund, have included new double-glazed windows and doors throughout; LED lighting throughout and the fitting of roof insulation in the loft area at the south west corner. Thoughts are now turning to replacing the plastic chairs and to creating plans for redevelopment of the courtyard. Plans will be drawn up to enable us to pursue possible grant-funding options.

* * * * *

Understanding Our Faith' Conference

Saturday 4th November 2017 (9:30am-4pm), St. Matthew's Church,
Perth

Ticket: £20pp with a free copy of the "Learn: Understanding Our Faith"
publication

Booking: www.understandingourfaith.eventbrite.co.uk

This conference on the theme of the new Church of Scotland 'Learn: Understanding Our Faith' publication aims to encourage everyday believers to reflect upon what they believe and hope, and to grow in confidence as they seek to share their faith in daily life.

Six core questions of the Christian life will be explored:

- God, how do I know Him?
- Jesus, what does He have to do with me?
- The Holy Spirit, who is He?
- What is church for anyway?
- What's the point of discipleship?
- How will I know if I'm going to heaven?

* * * * *

**A brief introduction to Scott Burton,
Probation Minister at Aberlady and Gullane Parishes Churches.**

Where am I from? What did I do before this?

Originally I am from Whitburn in West Lothian but now reside in Dalkeith. Whilst studying at Heriot-Watt University I met Gill and we were married at the age of 22 – so this September we celebrate 12 years together. I began studying Chemical Engineering but moved on to complete a degree in Youth Work, which led me to working for a church in Edinburgh and then the Scout Association across the south east of Scotland.



2. What is your role at Aberlady and Gullane?

I am here as a Probationer for the Ministry of Word and Sacrament (aka – towards being ‘a minister’). I will spend 15 months in total with our two congregations, after which, God willing, I will go on to be ordained. In my time at Aberlady and Gullane, I will spend considerable time with Brian, becoming familiar with the role and tasks on full-time ministry, as well as continuing to grow into the call of God upon my life.

3. Where did you study and what made you want to train as a minister?

I studied full-time with Highland Theological College. Although it is based in Dingwall, I was able to attend lectures live with the use of modern technology and so I join in lectures live from my study at home.

God called me into ministry around the age of 21 – initially at that time into youth work. Over time that path has eventually developed into a call for ministry in the Church of Scotland. Ultimately it was/is God’s leading that has made me want to train as a minister – but I also want to because of my passion for God, His Church and those who do not yet know Him.

4. Do you have a favourite Hymn?

I probably have too many favourites to be honest – and I keep adding to my list after each placement! As I play the guitar, previously in the church band at Holy Trinity Westerhailes (our home church), I've built up a reasonable range of music. At present I am enjoying some modern music, written by a band called 'Third Day', as I find their songs uplifting and inspiring.

5. What is the greatest moment of your life so far?

Becoming a dad (twice!). As many of you will be aware, Gill and I have a daughter, Hope, who will be one year old on the 17th August. However, you will probably not know that Gill and I had a son called Ethan. He was born in May 2015 and we had the joy of having him with us for 16 weeks. Ethan had a very serious heart condition, which we knew about before he was born. We miss him a lot but are thankful for the time we had with him and that we have hope of seeing him again one day. Thanks be to God!

6. What are your hobbies?

Walking the dogs (we have two cocker spaniels), climbing (indoors mostly – although I am keen to get back out to Traprain Law), reading novels.



TREASURER'S REPORT

Church Finances-Treasurer's update

I am happy to report at the half way mark of the year that the church finances are reasonably healthy. There has been no surprise expenditure and with some increase in donations and offerings we are keeping well into the black. I hope this will continue for the rest of the year.

Thank you for your continued support.

Fellowship and Outreach

As part of the open policy of the church, we shall participate in **Doors Open Day on Saturday 16 September**. There will be conducted tours and we shall serve teas and coffees in the Stables. There may be other events around the village that day. Watch out for more information in the Order of Service and for posters.

The Annual Bridge Afternoon will be held on 4 October in the Village Hall. For more details or to book a table please contact **Val Barrie**.

We shall hold a Christmas Fayre on **Saturday 11 November**. Watch out for more information in the autumn.

Kaye Macaskill

If you know of someone who is ill at home, in hospital or in need of a pastoral visit - Please fill in one of the cards at the back of the church on a Sunday and let your District Elder or Session Clerk know, in order that a visit can be made.

SUNDAY THIRTY

A short, informal All Age Service led by the Aberlady Worship Team in Aberlady Kirk Stables at 8.45am on the third Sunday of each month, followed by coffee/tea, a chat and something to eat.

Dates for your diary are:

17th September, October 15th, November 19th, December 17th

General Assembly 2017

I was extremely privileged to attend the General Assembly this June, representing both Gullane and Aberlady Parish churches and also as a General Trustee of the Fabric Committee for the Church of Scotland.

The theme for this year was **WORD OF LIFE** and these were developed daily in the various headings of:- **Water, Hospitality, Light, Forgiveness**. All were used as the Moderator's reflections during the opening "Calls to Worship".

The newly inducted moderator Rev. Derek Browning was extremely impressive with his sincerity, strong leadership, devotion and sense of humour. He is the current minister for Morningside. He was particularly comforting following the Manchester concert incident and again for the Egyptian coach bombing of Christians on the Friday.

The High Commissioner this year was Her Highness Princess Anne who attended the opening ceremony, the Forces day and the final closing ceremony on the Friday.

Each day had its key speakers and the notable ones for me related to the World Mission Council and the committee and chaplains of HM Forces and the National Youth Assembly.

The Youth Group speaker was the young moderator Andrew MacPherson who spoke very confidently and positively regarding the stigma associated with mental health. The youth group lead a very up and coming session of young Christians which everyone supported and agreed had to be greatly encouraged.

The Armed Forces were well represented by their Chaplains who serve both in the UK bases and overseas postings.

There was also a strong "Peace Call" for Israel / Palestine from a number of prominent, recent visitors to the region and they expressed their various experiences and concerns about the disparity and desperation of the issues that are continuing to break up the region.

It was certainly an occasion that I beforehand was quite sceptical about, with between 7 and 800 attendees daily. However, I found the whole experience extremely inspiring and up-lifting. The opening ceremonies were quite humbling and inspirational.

Although we are all so aware that our numbers in the church are falling. I have to say that attending such a powerful group like the Assembly, this demonstrates the wonderful traditions in proceedings and demonstrates the massive support that is available. It was extremely satisfying to be a part of the whole event.

I would certainly recommend that all of our elders should experience at least one or two of these Assembly session days in the future. They are revealing and show our true calling for christianity and community support throughout the world.

Ken Wright.

**Aberlady and Gullane Joint Choir**

All music groups resume weekly practices during the first week of September.

Combined Aberlady and Gullane Parish Churches Choir, Wednesdays, 7.30pm, Aberlady Kirk Stables;

Sunday Choir GPC, Sundays, 9am, Gullane Church Centre;

Sunday Choir APC, Fridays, 5pm, Aberlady Kirk Stables;

Junior Choir APC/GPC, Thursdays, 3.30 - 4.15pm, Gullane Church Centre.

For information, contact Janet Anderson on 01620 842822 or

janetflanderson@btinternet.com

All welcome.

GARLETON SINGERS

The new season's rehearsals start on Monday Sept 11th, 7.30 in the Town House Haddington. Any new members will be warmly welcome over a period of three open rehearsals.

HADLEY COURT SINGERS

Rehearsals are on Wednesdays at 7.30p.m. in Holy Trinity Church, Haddington.

Blythswood Care Shoebox Appeal

It would be wonderful if you could start collecting shoe boxes, coloured Christmas or other bright paper and contents for our annual gifts. We will once again have a morning together making up our boxes in the Church Hall, Gullane, at 10am on Friday 29th September. Otherwise, please complete your box(es) at home ready to bring to the Church collection point by the end of October.

Contacts: Mrs Zoe McClung - Gullane
Mrs Val Barrie - Aberlady

FLOWER FESTIVAL

A Flower Festival is to be held in Gullane Parish Church to celebrate Gullane Flower Club's 25th anniversary. The festival will take place from Friday 29 September to Sunday 1 October. Teas will be served in the Church Centre over the weekend. Proceeds from the festival will support local charity, Gullane Sports Development Trust.

Opening times are: 29 & 30 September 10am-4.30pm, 1 October 1pm-4.30pm.

The Festival is finishing up with a Songs of Praise in Gullane Church at 6.30pm on 1 October.

The new season for the Flower Club begins on Thursday 7 September with a demonstration by Liliias Hoskins.

Subsequent meetings, on 5 October and 2 November - 7.30 in Gullane Church Centre.

Maureen Hunter

Team Poppy Appeal

A huge thanks to everyone who attended and supported Gullane Parish Church Junior choir's concert and afternoon tea in the village hall in May. A staggering £1300 was raised for Team Poppy! What a fabulous turnout to see the MAC club children put on a wonderfully uplifting and memorable show for the community, led by the lovely Janet Anderson, in aid of Team Poppy. There was beautiful singing of meaningful songs from Whistle Down the Wind and Disney's Tangled, there was creative dance, dazzling acrobatics and thrilling gymnastics displays, expressive violin and piano pieces, and eloquent speeches from a super bunch of children, who all wanted to do something to help their friend and neighbour Poppy Smith. This courageous little girl who developed a rare condition called Acute Flaccid Myelitis has made huge amounts of progress and is now back home with her loving family, where she continues on her road to recovery after 9 months in hospital,. Our thoughts and prayers are with them. We are extremely grateful for all the kind donations of home-baking, raffle prizes, printing, and help on the day, which all contributed to the success of the event. Many thanks indeed.

Tracey Thomson





AUTHOR VISITS ABERLADY, THE VILLAGE THAT INSPIRED HER BOOK

A Texas-based author, Caroline Leech, who wrote a novel inspired by childhood visits to Aberlady visited the village in July to give a talk about her book to the members and friends of Aberlady Conservation and History Society. An audience of about 60 people attended to hear Caroline explain her inspiration for the book before she read extracts from her tale of romance between an Aberlady girl from Craigiellaw and a German prisoner of war from the camp at Gosford.

Caroline Leech grew up in Corstorphine and regularly visited Aberlady as a child. The setting and her knowledge of our village inspired her to write her wartime novel "WAIT FOR ME", which was published by Harper Collins earlier this year. The story is based in Aberlady during the closing months of the Second World War. Gosford was a prisoner of war camp and many were put to work locally. A few integrated and decided to stay after the war ended.

The book is not purely romance, it also touches on the despair of war and its impact on all those involved in it, and their families. One telling scene towards the end is set at our church immediately after hostilities end but when feelings are still running high.

Caroline will be taking part in the Edinburgh International Book Festival, appearing on August 13th.

The above photograph was taken when Caroline was signing copies of her book which were on sale during the evening.

Ian Malcolm

A MOTHER'S HANDS

Dear Old Mum has gone now, but the memories linger on.

We still see her hands which remind us how she loved us so, her "sun".

To her we were God's "gift from heaven", her joy, her life, her brood,

And, with God's help she raised us to be loving, kind and good.

Those hands were gnarled, yet when we prayed,

Our fears just left us, we were not afraid.

The comfort she brought, nothing could destroy,

Her love brought happiness, peace and joy.

When we were restless, in worry deep,

Those hands patted us kindly till we were asleep.

She watches us now from the heavens above.

We are cupped in those hands filled with tenderness and love.

Martha Lithgow



A message from the Church Guild

“Whose we are and Whom we serve”



The guild members are currently enjoying their summer break but the committee and I have been busy sorting out next session's meetings.

Our first meeting is on Monday 30th October 2017 at 2.30 pm in Gullane church centre and Rector Simon Metzner is coming along to talk about his favourite things.

Please note because of School Holidays our first meeting is starting a bit later than usual.

The next meeting is on Monday 20th November 2017, at the same time and place. The talk will be on our Guild's chosen project "Let's Stick Together (Care for the family)".

I would like to take this opportunity once again to ask you to come along and join us at our meetings and help us to raise money for good causes at home and abroad.

This year the money raised by the Guild with your support in buying the quiz and supporting our coffee morning has been dispersed as follows:

- Money towards the pulpit fall - £37.50
- Money to the church for the new crockery - £300
- Money to Team Poppy - £50
- Money to Mary Anderson (world champion power lifter) - £50
- Money sent to Famine Africa - £100
- Money to Project "All friends together" (Prospects) - £300
- We also supported Caring for Mother Earth Bolivia (Christian Aid) - £300

Dates for your diary

- Annual Guild Gathering 2nd **September** - Just a reminder that we are invited to join our friends in the Abbey Church, North Berwick from 10am - 4pm to take part in the gathering which they are streaming in their church. Tea and Coffee will be available. Just bring yourself and your lunch.
- The Presbyterial Council is holding their communion service in Gullane church on **Monday 18th September at 7.30** and this is a request for assistance, as the Guild will be serving tea and coffee. Volunteers are asked to bake and to give some assistance by serving on the evening. Help would be much appreciated. If you wish to assist please contact the Guild Convener -(Yvonne Haycock).

I hope you are all enjoying your summer break and I look forward to welcoming you all back in October at our first meeting.

Please note, that subs will be collected at the first meeting and you will also get your syllabus then.

Yvonne Haycock - Guild Convenor

www.CROSSREACH.org.uk

The 3 Formers' leap of faith raises £26,000!

On Sunday 28th May, a brave group of apprehensive abseilers defied gravity by slowly swinging down the 165 foot drop from the top of the Forth Bridge to raise money for CrossReach's Children and family services. Amongst them were 'The 3 Formers' - Peter Bailey, former CEO of CrossReach, and former Moderators, Very Rev. Dr. John Chalmers and Very Rev. Dr. Russell Barr. The fantastic news is that their 'leap of faith' has raised £26,000 to support children and families around Scotland – that's more than double the original target.

THANK YOU to everyone who donated! You are contributing towards healthier communities and happier families across Scotland. After returning to solid ground, Dr. Chalmers said: "All we had to do was take our courage in both hands for a few minutes; the people we were raising money to help face greater challenges every single day. We are deeply grateful to everyone who has given so generously. We enjoyed our day out on the bridge and, for CrossReach, we would do it all over again!"

Princess Anne launches Grey Cakes mental health campaign

CrossReach has launched a campaign to help raise awareness of mental health which affects 1 in 4 adults in Scotland and 1 in 10 children. The Grey Cakes campaign was launched by Princess Anne in her role as Lord High Commissioner at the 'Heart and Soul' event in Princes Street Gardens. Her Royal Highness cut a slab of the specially created grey cake which she handed to the Moderator, Rt. Rev. Dr. Derek Browning, revealing brightly coloured layers of sponge beneath the grey icing. CrossReach's new Chief Executive Viv Dickenson said: "Mental health services are significantly underfunded but can make such a big difference so quickly to people. Our Grey Cakes' campaign is doing what the church does best and that is getting alongside people and baking. We are combining our core skills and I really hope communities across Scotland will get behind this." The Moderator commented: "These grey cakes reflect what it must be like under the fog of depression or anxiety. Underneath the grey exterior there is a person struggling to be seen and heard. When people have poor mental health we very rarely get to see what's going on underneath the surface." For information about how your church or community can become involved in the campaign and to request an information pack, please visit: www.crossreach.org.uk/crossreach-grey-cakes

CrossReach displays 'Words of Life' at Heart and Soul

Around 5,000 people attended the Heart and Soul event in Princes Street Gardens in May. The afternoon showcases the work of the Church of Scotland and other Christian agencies such as the BB and GB, Scripture Union and the Vine Trust. This year's theme was 'Word of Life' and the CrossReach marquee featured a wall of quotes from people who use our services as well as paper butterflies hanging from the roof which had words relating to CrossReach on them, not to forget life size cut-outs directing visitors to the different areas.

Social Care Council report to the General Assembly

Bill Steele, Convener of the Social Care Council - which operates as CrossReach - has told the General Assembly about the ongoing difficulties faced by CrossReach to pay all staff the Scottish Living Wage. Mr. Steele said: "We continue to welcome the steps that the Scottish Government has taken to make funding available to CrossReach, thus enabling us to pay all care and support staff in the organisation the Scottish Living Wage. This goes a long way to meeting the position of the Assembly that all people employed by the Church should be paid the Scottish Living Wage. Last year, we were asked to work with the Council of Assembly to enable payment of the living wage to all employees as soon as possible. The church through the Council of Assembly has made additional financial contributions of £452,000 over the past two years to fund low pay. It is with considerable regret that neither Council has access to resources to enable the payment of the Scottish living wage to all CrossReach employees. Reasonable salary differentials must be maintained in terms of the Council's pay structures. Indeed differentials, in some cases, have been eroded by almost 25% over the past 3 years as a result of the increases to the living wage. Both Councils are committed to the principle of paying the Scottish Living Wage to all employees, but unless funding agencies include this in the purchasing of the services we provide for them, the costs are prohibitive. While we sincerely regret this position, we will continue to make representation at the highest levels of funding bodies on this matter." In its Supplementary report the Council agreed to continue funding its Social Care Mission work for a further 2 years. It was proposed that churches currently receiving support to set up and develop new social care activities continue to do so and that the Council's resourcing website (www.socialcareforum.scot) continues to develop as a one-stop shop for information and materials. In addition, it was agreed to continue with the development of the Church of Scotland Dementia Network – regular meetings of churches interested in getting alongside those with dementia, supported by CrossReach's Dementia Development Team.

Speak Out for CrossReach

Why not become a volunteer Regional Speaker? Our speakers are vital to CrossReach's services and the people we serve. They are at the front line - spreading news of CrossReach's work and its positive impact on communities in Scotland. As a Regional Speaker you will be equipped and trained to speak change into your community. You can volunteer as often or little as you like and at times that suit you. You might be asked to speak at one or several of the following: Churches; Schools; Guilds; Universities; Coffee mornings or Youth fellowships.

Why be a Regional Speaker?

| Speak about something you care about | Use your passion to enthuse others
| Impact local groups and communities | Gain skills and experience

How do you volunteer? Contact: supporters@crossreach.org.uk for more information and an application form.

Download your copy of CrossReach News!

Issue 2 of CrossReach News in 2017 is now available. In this edition you can read about how befriending can help build bridges with families, follow 'Darren's Journey' from a life of substance misuse to now helping others, and 'Me and My Job' features support worker Natalie Moran from Threshold Glasgow. You can download CrossReach News at: www.crossreach.org.uk/resources-0. And if you would like to be added to our mailing list to receive future editions free of charge, please e-mail: bdd@crossreach.org.uk

www.crossreach.org.uk June 2017

There has been a wonderful response to the request for poppies for the POPPY CASCADE, which will be decorating Aberlady Church in time for Armistice Day, in November. The poppies can be knitted, crocheted, sewn or indeed crafted in any other material in an imaginative way and delivered to the 'Old Bakehouse Tearoom', Main Street, Aberlady. Many thanks to all who have contributed.

ABERLADY PARISH CHURCH FLOWERS SEEKING VOLUNTEERS...

please contact:

Sheena Casely (01875 870 352) or any member of the Flower Team.

A "CRABBIT OLD WOMAN" WROTE THIS:

When a young Ulster nurse, Bertha Rainey, joined the staff of the Ashlucie Hospital near Dundee several years ago she was assigned to a geriatric ward. A patient had died there the previous wee, not an unusual occurrence. But the nurse who had gone through her possessions had found something unusual. The old woman had written a poem which so impressed the staff that it was typed and copies given to every nurse in the hospital.

Here it is:

What do you see nurses, what do you see?
 Are you thinking when you are looking at me;
 A crabbit old woman, not very wise,
 Uncertain of habit, with faraway eyes,
 Who dribbles her food and makes no reply
 When you say in a loud voice, "I do wish you'd try."
 Who seems not to notice the things that you do,
 And forever is losing a stocking or shoe.
 Who unresisting or not, lets you do as you will,
 With bathing and feeding, the long day to fill.
 Is that what you are thinking, is that what you see?
 Then open your eyes, nurse, you are not looking at me.
 I'll tell you who I am as I sit here so still;
 As I use at your bidding, as I eat at your will.
 I'm a small child of ten with a father and mother,
 Brothers and sisters who love one another.
 A young girl of sixteen with wings on her feet,
 Dreaming that soon now a lover she'll meet;
 A bride soon at twenty - my heart gives a leap,
 Remembering the vows that I promised to keep;
 At twenty-five now, I have young of my own,
 Who need me to build a secure, happy home;
 A woman of thirty, my young now growing fast,
 Bound to each other with ties that should last;
 At forty, my young sons now grown and will all be gone,
 But my man stays beside me to see I don't mourn;
 At fifty once more babies play round my knee,
 Again we know children, my loved one and me.

Continued....



Dark days upon me, my husband is dead.
 I look to the future, I shudder with dread
 For my young are all busy, rearing young of their own,
 And I think of the years and the love that I've known.
 I'm an old woman now and nature is cruel -
 'T'is her jest to make old age look like a fool.
 The body it crumbles, grace and vigour depart.
 There is now a stone where I once had a heart;
 But inside the old carcass whiles a young girl still dwells,
 And now and again my battered heart swells,
 I remember the joys, I remember the pain
 And I'm loving and living life all over again.
 I think of the years all too few - gone too fast.
 Accept the stark fact that nothing can last.
 So open your eyes, nurses, open and see.
 Not a crabbit old woman. Look closer - see ME!

Anon

The deadline for the next issue of OUTREACH (November) is 30th October.
 See inside back cover for contact details of the editor, Mrs Val Barrie.

“COMMUNITY CAFF”

Aberlady Community Association holds a light lunch in the **Village Hall**,
 which takes place on the **second Wednesday of each month** from
11.45am - 2.00pm.

Dates for your diary are: Sept 13th, Oct 11th, Nov 8th, Dec 13th

For further information: Ros Richardson

A request from Joan Lyall: Does anyone know the whereabouts of her
 Tupperware box? (Last seen at the Plant Sale in May)



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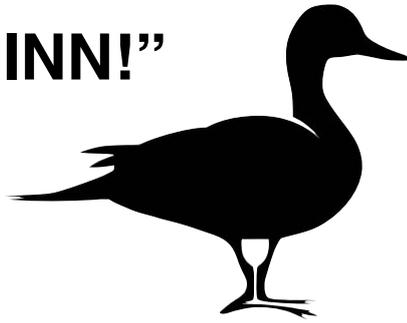
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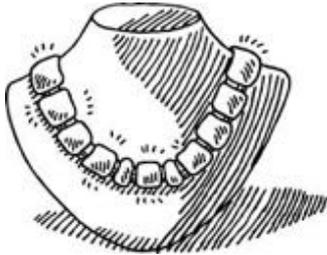
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And finally. Thought for the Day

I'd rather look back at my life and say "I can't believe I did that!" instead of saying "I wish I had done that."

Never give up on what you really want to do. The person with big dreams is more powerful than one with all the facts.

Albert Einstein

**Three things you cannot recover in life:
the WORD after it is said,
the MOMENT after it is missed,
and the TIME after it has gone.**